



Marcus Institute  
for Aging Research

Hebrew SeniorLife



HARVARD MEDICAL SCHOOL  
AFFILIATE

## **RESEARCH STUDY**

# **Optimizing Brain Stimulation for Walking and Balance in Older Adults**

## **The Opti-Stim Study**

***Are you age 65-85 and concerned about your walking or  
your balance?***

**Study goal:** To determine whether non-invasive brain stimulation improves balance and walking in adults.

**Requirements:** If you are age 65-85, are concerned about walking and balance, you may be eligible to participate.

**Procedures:**

- Participation will include up to 6 visits over 8 weeks
- Eligibility screening visit consisting of health interviews and assessments of walking, balance and memory
- MRI scan
- Four 20 minute sessions of non-invasive brain stimulation

Participation is paid up to \$150. Parking and transportation can be provided.

Contact Nicole LaGanke for more information  
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