



Marcus Institute
for Aging Research

Hebrew SeniorLife



HARVARD MEDICAL SCHOOL
AFFILIATE

Optimizing Brain Stimulation for Walking and Balance in Older Adults: The Opti-Stim Study



***Are you aged
65-85 years
and
concerned
about your
walking or
balance?***

Study goal: To determine whether non-invasive brain stimulation improves balance and walking.

Requirements: You may be eligible to participate if you are aged 65-85 years and concerned about your walking and balance.

Procedures: Participation will include up to 6 visits over 8 weeks:

- 1 screening visit consisting of health interviews and assessments of walking, balance and memory
- 1 optional MRI scan
- 4 20-minute sessions of non-invasive brain stimulation with assessments of walking and balance before and after the session

**Participation is paid up to \$300.
Parking and transportation can be
provided.**

Contact our team for more information
at (617) 971-5310 or Brainstim@hsl.harvard.edu